



SPA & WELLNESS CENTRE

Our **Spa & Wellness Centre** is located on lower ground floor of the hotel and benefits from indoor swimming pool, gym with fitness equipment, sauna, steam room, relaxation area and massage therapy. Hotel guests can benefit from the use of the gym, sauna, steam room and pools, massages are charged as extra. Spa & Wellness members can benefit from the SPA according to their membership package. The Arkin Palm Beach Hotel Spa & Wellness Centre is open 7 days a week.

Operating Hours

Guest can benefit from our Spa & Wellness Centre 7 days a week between 07:00 and 23:00.

Facilities

- ❖ Indoor Swimming Pool
- ❖ Steam Room
- ❖ Relaxation Room
- ❖ Sauna
- ❖ Gym
- ❖ Massage Therapy (extra)

Membership and Fees

<u>Bronze Membership:</u> <i>Monday to Friday 07:00-16:30</i>	<u>1 Month</u>	<u>3 Months</u>	<u>6 Months</u>	<u>12 Months</u>
➤ Member	200 TL	500 TL	800 TL	1300 TL
➤ Spouse	200 TL	400 TL	700 TL	1100 TL
<u>Silver Membership:</u> <i>Monday to Friday 07:00-23:00</i>	<u>1 Month</u>	<u>3 Months</u>	<u>6 Months</u>	<u>12 Months</u>
➤ Member	250 TL	600 TL	950 TL	1600 TL
➤ Spouse	250 TL	500 TL	750 TL	1300 TL
<u>Golden Membership:</u> <i>Monday to Sunday 07:00-23:00</i>	<u>1 Month</u>	<u>3 Months</u>	<u>6 Months</u>	<u>12 Months</u>
➤ Member	300 TL	700 TL	1100 TL	2100 TL
➤ Spouse	300 TL	600 TL	850 TL	1600 TL
<u>Platinum Membership:</u> <i>Monday to Sunday 07:00-23:00</i>	<u>1 Month</u>	<u>3 Months</u>	<u>6 Months</u>	<u>12 Months</u>
* Including beach and outdoor swimming pool				
➤ Member	550 TL	1000 TL	1450 TL	2450 TL
➤ Spouse	550 TL	850 TL	1250 TL	2000 TL

Daily Entrance: *Spa & Fitness Center* 50 TL



**SPA & WELLNESS CENTRE
MASSAGES**

Massage Selection

Massage Rates

❖ Sports Massage (50 mins.)	200 TL
❖ Classic Massage (Full Body Anti-stress Massage) (50 mins.)	180 TL
❖ 4 Hand Sultan Massage (50 mins.)	300 TL
❖ Exotic Massage (50 mins.)	180 TL
❖ Muscle Release Massage (50 mins.)	180 TL
❖ Lymphatic Massage (50 mins.)	180 TL
❖ Full Body Aromatherapy Massage (50 mins.)	190 TL
❖ Deep Tissue Massage (50 mins.)	190 TL
❖ Hot Stone Massage (60 mins.)	300 TL
❖ Indian Head Massage & Face Massage (30mins.)	90 TL
❖ Local Massage (30 mins)	110 TL
❖ Reflexology Massage (30 mins.)	95 TL
❖ Cellulitis Massage (15 mins)	70 TL
❖ Cellulitis Massage 10 Sessions	460 TL

*Massages are given between 12:00 – 20:00 weekdays and 11:00 – 19:00 weekends.
Appointments can be arranged by reservation at our SPA reception.*

A Member of Arkin Group

*Arkin Palm Beach Hotel, Nadir Yolu, Deve Limanı,
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